

# Program Outcomes: Spinal Cord Injury Specialty

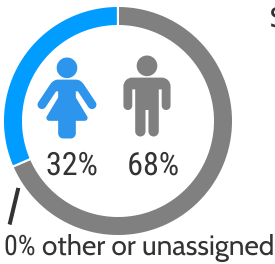
Helping our patients attain their greatest potential for independence

## Persons Served

Spaulding Rehabilitation Hospital Boston (SRH) collects and reports information on the results achieved by our patients. This allows our staff to compare the functional improvement of SRH Spinal Cord Injury Program patients to similar patients across the nation.

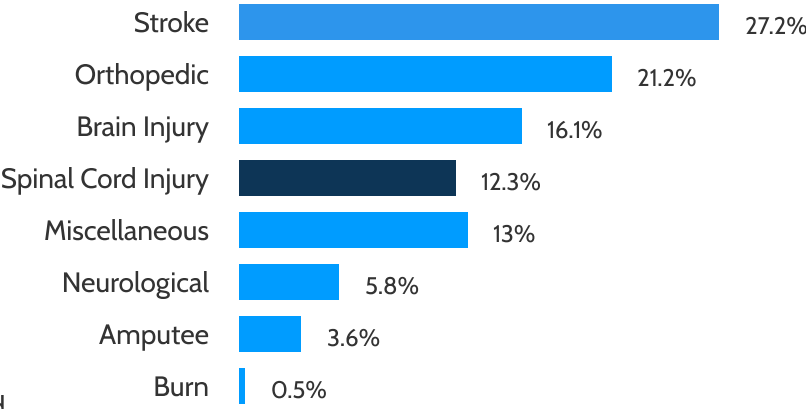
346 patients in 2024

2024	SRH	Nation
Avg. Age	60	63
Avg. Length of Stay	24 days	18 days



## Patients Served by Diagnosis

SRH provides expert care for multiple Rehabilitation Impairment Categories.



## Spinal Cord Injury Program: Functional Improvement Quality Measures <sup>1</sup>

Multiple metrics are used to determine patient improvement throughout their inpatient stay. Patients are scored on their admission and again at discharge in the categories of Self-Care and Mobility, which includes multiple skills and abilities as shown in the graphic below. The improvements are measured by the change in score for both and can be compared with similar rehabilitation facilities. **Higher scores are better.**

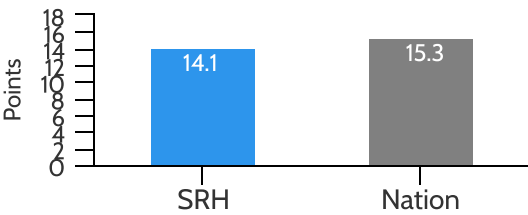
Self-Care

Eating  
Oral hygiene  
Toilet hygiene  
Shower/bathe self  
Upper body dress  
Lower body dress  
Applying footwear

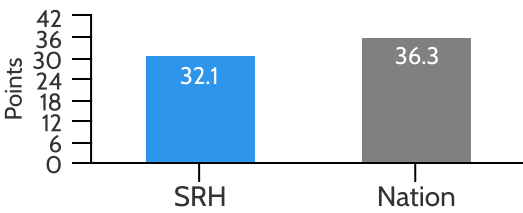
Mobility

Rolling, lying down and sitting up in bed  
Sit to stand  
Transferring to and from bed and chair  
Transferring to and from toilet  
Transferring in and out of car  
Ambulation (walking)  
Climbing stairs  
Retrieval of item from ground  
Wheelchair mobility

### Change in Self-Care Score



### Change in Mobility Score

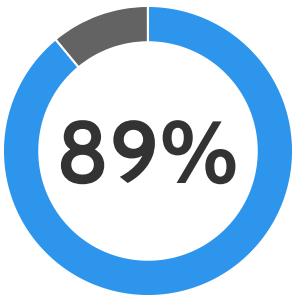


Therapy services are provided at a minimum of 15 hours per week (900 minutes over a rolling 7-day week from admission). All patients receive 24-hour physician & rehab nursing care.

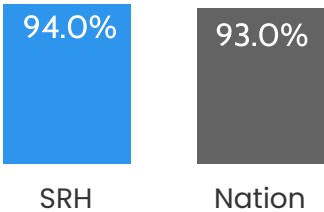
## Patient Experience <sup>2,3</sup>

At Spaulding Rehabilitation Hospital Boston (SRH), satisfaction with your experience is a high priority. SRH seeks patient feedback to continually improve the patient experience. Patients are surveyed just after discharge and again at 90 days to find out how they are functioning after leaving SRH. **Higher scores are better.**

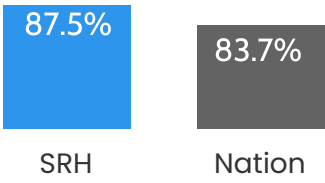
89% of all inpatients would **highly recommend** SRH to friends and family.



Spinal Cord Injury Program: Overall satisfaction at 90 days



Spinal Cord Injury Program: The rehabilitation program improved my quality of life



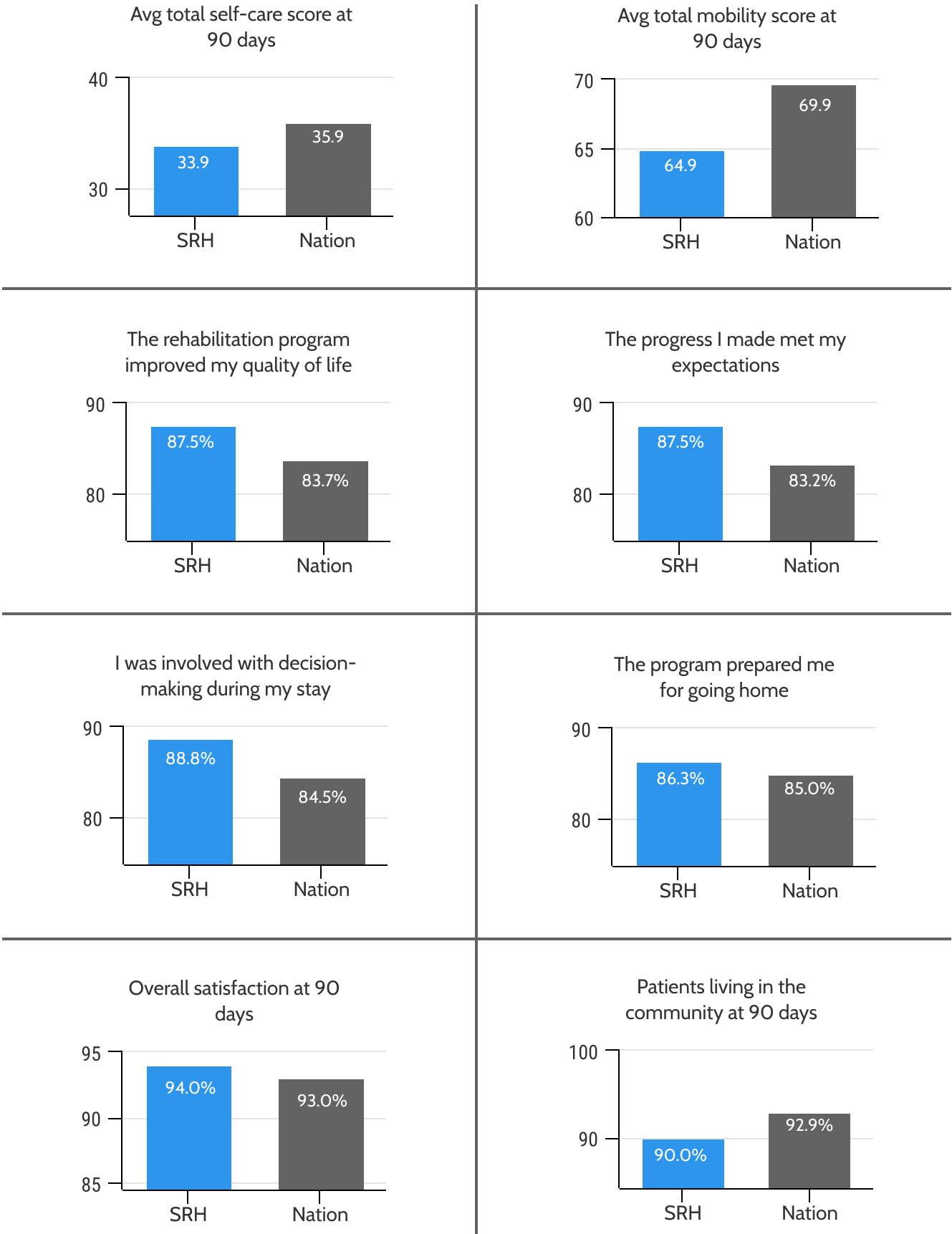
Source: 1. Uniform Data Systems (UDS) (2024). 2. MedTel Outcomes LLC (2024). 3. NRC Health (2024).

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### Maintaining Your Improvement After Discharge<sup>2</sup>

Spaulding Rehabilitation Hospital Boston (SRH) compares functional performance at discharge from our facility to 90-days post-discharge to assess how our patients are functioning in their home environment. The following categories show SRH against national benchmarks. **Higher scores are better.**



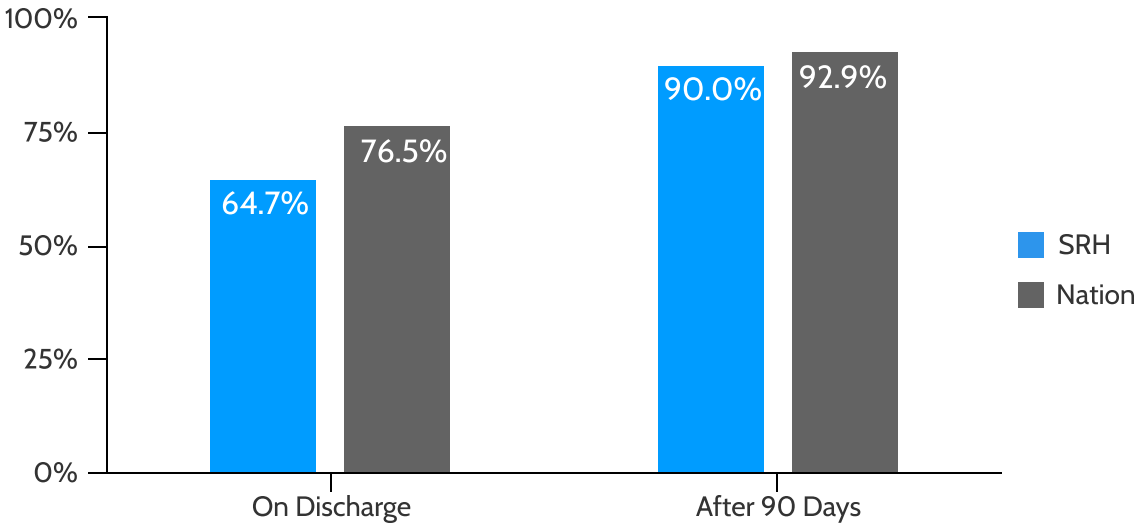
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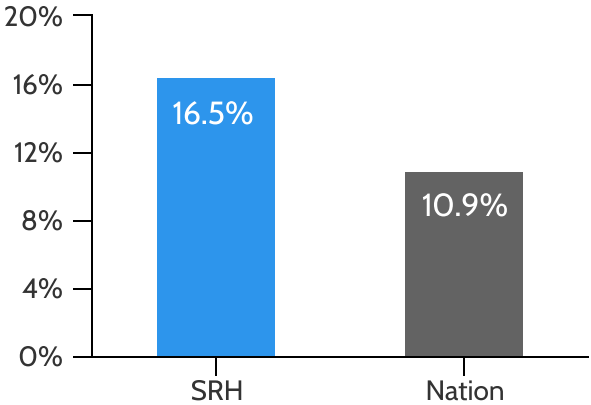
### Discharge to Home/Community

Spaulding Rehabilitation Hospital Boston (SRH) discharges patients back to home at a rate below other similar facilities in the nation. 90.0% of SRH Spinal Cord Injury Program patients live in the community after 90 days.



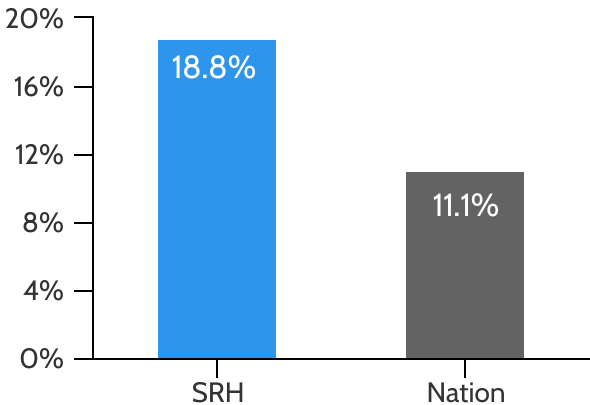
### Discharge to Acute Care

SRH discharges patients back to acute care at a rate above other similar facilities in the the nation.

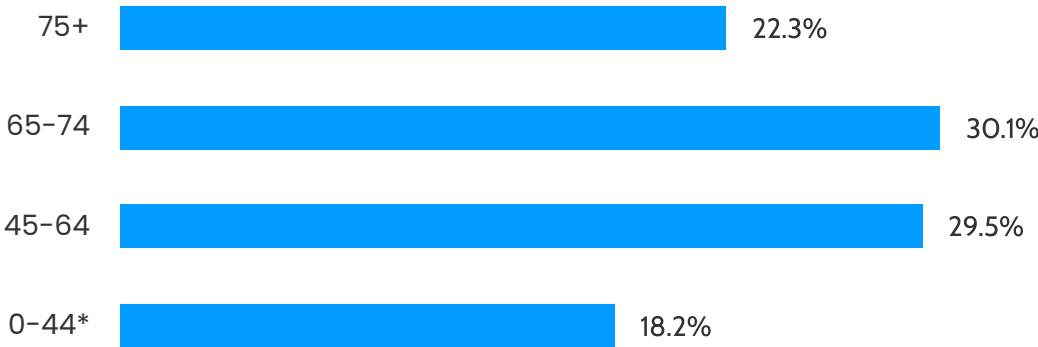


### Discharge to Skilled Nursing Facility

SRH discharges patients to skilled nursing facilities at a rate above other similar facilities in the the nation.



### Age Groups Served



\* Excludes pediatric patients